



My Wedding Prep Checklist

9 - 12 Months

- Laser Hair Removal (*6+ sessions*)
- CoolSculpting
- At-Home Skincare

2 - 3 Months

- Lip Filler
- Facial Filler

6 - 9 Months

- Microneedling
- IPL
- EmSculpt
- Weight Loss Injections
- IV Hydration + Glutathione (*1X per month*)

4 - 6 Weeks

- Chemical Peel
- DiamondGlow or Hydrafacial (*1X per week*)

It's **GLOW** time!

4 Months

- Tox (*Botox, Dysport*)
- GHK-Cu peptide (*collagen stimulation for hair, skin & nails*)

3 - 5 Days

- Dermaplaning
- DiamondGlow or Hydrafacial

Book Your Personalized Wedding Prep Consultation.

mdestheticsus.com



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